

**OWNER'S
MANUAL**

**MODEL NO.
1231040**

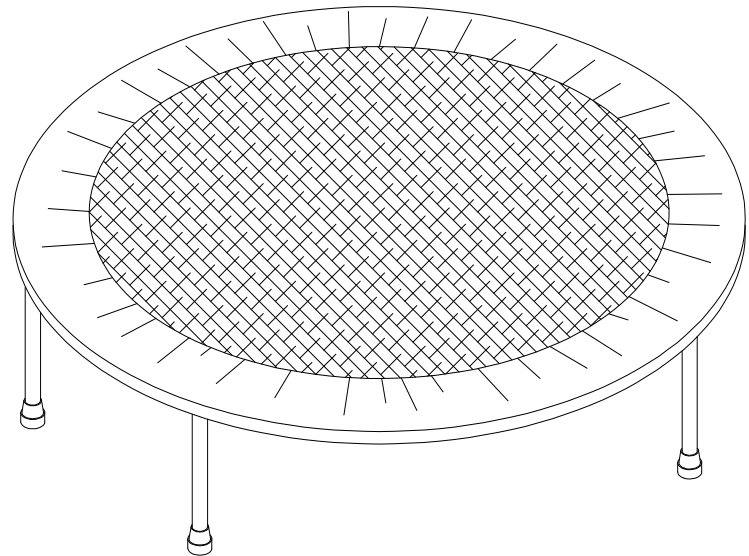
- **Assembly**
- **Adjustments**
- **Parts**
- **Warranty**

CAUTION

You must read and understand this owner's manual before operating unit.



38IN MINI TRAMPOLINE



MAURKE PINCOFFS

CANADA INC.

6050 Don Murie Street, Niagara Falls, Ontario L2E 6X8
Telephone: (905) 353-8955 Fax: (905) 353-8968

SAFETY PRECAUTIONS

Thank you for purchasing our product. Even though we go to great efforts to ensure the quality of each product we produce, occasional errors and/or omissions do occur. In any event should you find this product to have either a defective or a missing part please contact us for a replacement. This product has been designed for home use only. Product liability and guarantee conditions will not be applicable to products being subjected to professional use or products being used in a gym centre.

This exercise equipment was designed and built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before assembly and operation of this machine. Also, please note the following safety precautions:

1. Read the OWNER'S OPERATING MANUAL and all accompanying literature and follow it carefully before using your mini trampoline.
2. It is the responsibility of the owner to ensure that all users of this equipment are informed of all precautions.
3. If dizziness, nausea, chest pains, or any other abnormal symptoms are experienced while using this equipment, STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.
4. Inspect your exercise equipment prior to exercising to ensure that the legs are tightened, all springs are securely attached to the frame and mat and the cover is installed before each use.
5. The mini trampoline must be regularly checked for signs of wear and damage. Any part found defective, the part must be replaced with new spare part from the manufacturer.
6. Fitness equipment must always be installed on a flat surface, do not place the unit on a loose rug or uneven surface. This will help prevent the unit from moving while it is being used, which could possibly scratch or damage the surface of your floor.
7. No changes must be made which might compromise the safety of the equipment.
8. It is recommended to have a minimum of 1' safe clearance around the exercise equipment while in use. Never allow more than one person on the mini trampoline at a time.
9. Keep children and pets away from this equipment at all times while exercising.
10. Warm up 5 to 10 minutes before each workout and cool down 5 to 10 minutes afterward. This allows your heart rate to gradually increase and decrease and will help prevent you from straining muscles.
11. Never hold your breath while exercising. Breathing should remain at a normal rate in conjunction with the level of exercise being performed
12. Always wear suitable clothing and footwear while exercising. Do not wear loose fitting clothing that could become entangled with the moving parts of your mini stepper.
13. Step on and off the mini trampoline. Do not jump on or off the mini trampoline.
14. Never use the mini trampoline as a springboard to other objects.
15. Secure the mini trampoline against unauthorized use and unsupervised use.
16. Do not use the mini trampoline while under the influence of alcohol or drugs.
17. User weight should not exceed **198 lbs.**

WARNING: Before beginning any exercise program consult your physician. This is especially important for individuals over the age of 35 or persons with pre-existing health problems. Read all instructions before using any fitness equipment. We assume no responsibility form personal injury or property damage sustained by or through the use of this product.

Prior to assembling

Please refer to the parts list for part descriptions and numbers. The assembly steps use these descriptions and numbers as reference for your convenience.

Make sure that you have all parts listed. If you are missing any parts, please call our customer service number 1-888-707-1880 toll free to attain any parts.

Note: It will take two people to assemble your mini trampoline.

PARTS LIST

Key Number	Part number	Description	Quantity
1	104001	Trampoline Mat, stitched with 15 V-Rings	1
2	104002	Safety Pad –	1
3	104003	Top Rail with leg socket	5
4	104004	Leg w/ rubber foot	5
5	104005	Spring	30
6	104006	New Spring loading tool	1

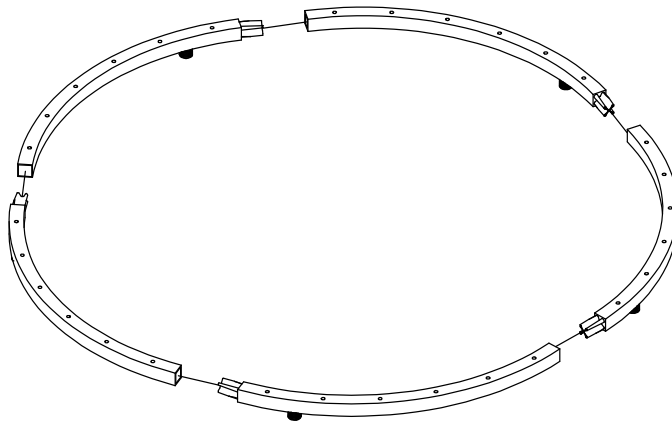
Step 1

All parts with the same part number are interchangeable and have no “right” or “left” orientation. To connect the parts, simply slide a section of tubing that is smaller on one end into the adjacent section that has a larger opening. These joints are called “connector points”.

Lay out all parts according to the diagram.

Push down on the two rails on each of the gap until the connector points “snap” together.

Note: ensure that the slots for the springs are facing up.



STEP 2

Lay out the trampoline mat (1) inside the frame.

There are 15 v-rings on the mat that line up with 30 corresponding slots on the top rail frame. For every v-ring you will attach two springs. Select an arbitrary point on the top rail frame. Attach one spring to one v-ring and to one slot on the top rail. Skipping one slot, continue to attach one spring to every v-ring until you have completed 15 springs. Attach a second spring to a v-ring and to the corresponding skipped slot. Continue this method until every slot on the frame has a spring and every v ring has two springs.

SPRING LOADING INSTRUCTION

1. Use the special spring loading tool included.
2. Hold and align spring so the hook of the spring lines up with hole on the steel frame.
3. Hold spring loading tool underhand and **push** spring hook towards **V-Ring** as shown, drop hook into **V-Ring** until it latches on completely.



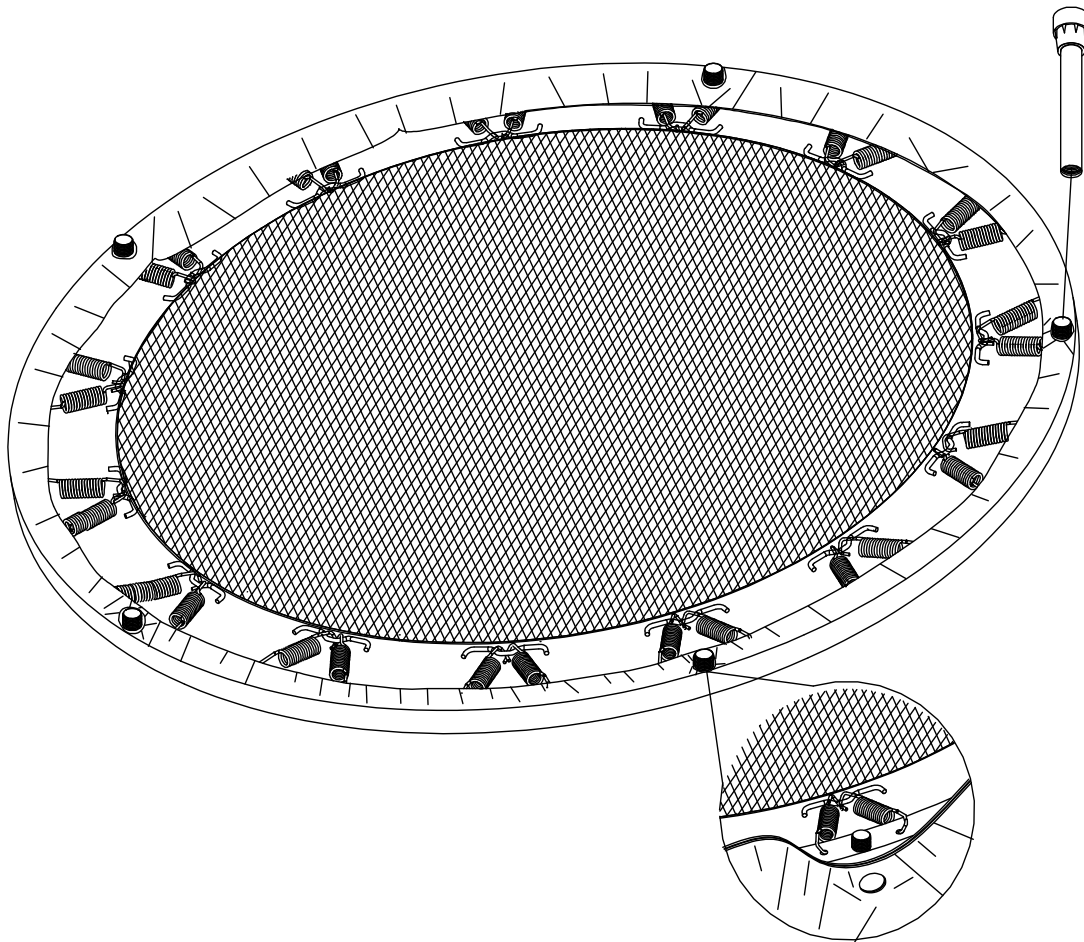
STEP 3

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The safety mat is equipped with five holes to correspond with the leg sockets on the top rail. Line up one hole of the safety pad to one of the leg sockets. Pull the safety pad over the frame to cover the top rail and the springs. Continue to cover the top rail frame ensuring that the holes from the safety pad slips over each of the remaining leg sockets.

STEP 4

Attach the leg with rubber foot to each of the leg sockets.



Your unit is now fully assembled.

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LIMITED WARRANTY

Maurice Pincoffs Canada Inc. warrants this unit, to the original purchaser, to be free from defects in material and workmanship for the period of time listed below. Warranty time begins at the time of purchase. Normal wear and user's abuse are not covered in the warranty. Weather damage and other such acts of nature are not covered by the Manufacturer's warranty. Commercial use and/or transfer of ownership voids the warranty.

Frame 1 Year
Mat Fabric 1 Year
Springs 90 days
Safety Pad 90 days

For warranty service contact our Customer Service Dept.:
1-888-707-1880 (toll free)
Monday-Friday
8:30 A.M. to 5:00 P.M.
Eastern Standard Time

LIABILITY

While every attempt is made to embody the highest degree of safety in all equipment we cannot, however, guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, that no representative of the Company can waive or change. This equipment is intended for residential use only. This equipment is not to be used in places of public assembly such as schools, nurseries, day care centre, churches and parks. Maurice Pincoffs Canada Inc. cannot assume any liability for such use. Any commercial, institutional or public use of this equipment will void the warranty.

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